

May 2020

Our readings this month all come from the Psalms, many of them are lamenting and wailing at the situation they find themselves in. We live in unprecedented and uncertain times at the moment and I pray that these readings will resonate with you throughout the month.

Friday May 1st: Psalm 3

Give thanks for God's protection today, and for how he is helping us through this crisis.

Saturday May 2nd: Psalm 5

Pray for those who are finding the loneliness hard to deal with, pray for those who "sigh" today.

SUNDAY May 3rd: Psalm 11

Pray for people who feel they need to take refuge from the situation they find themselves in.

Monday May 4th: Psalm 14

Pray for people who have no faith, and are finding life a challenge as a result.

Tuesday May 5th: Psalm 17

Pray for people who are searching for meaning in life.

Wednesday May 6th: Psalm 18

Think of what is distressing for you at this moment, and share it in prayer with God, tell him of your worries and hand them all over to him.

Thursday May 7th: Psalm 20

What ails you today? What concerns you? Share them in your prayers today.

Friday May 8th: Psalm 22

Pray for people who feel abandoned and unsure today.

Saturday May 9th: Psalm 24

Pray for the world we live in, giving thanks for its beauty, and the variety of places and people.

SUNDAY May 10th: Psalm 27

Pray for Christians all over the world who are persecuted for their faith, may they find strength and light in their beliefs.

Monday May 11th: Psalm 31

Pray for people who are deeply committed to voluntary work throughout the year, and give selflessly of their time, skills and talents

Tuesday May 12th: Psalm 35

Pray for the people who are in broken relationships at the moment, and need to feel a sense of peace in their hearts.

Wednesday May 13th: Psalm 41
Pray for people who are struggling financially at the moment, and cannot make ends meet.

Thursday May 14th: Psalm 44
Who were the people who influenced you in the past, what was it that was positive, or negative, about the experience. Share these thoughts in your prayers.

Friday May 15th: Psalm 48
Pray for your neighbours and those in the community who are helping others.

Saturday May 16th: Psalm 52
Pray for the people who have a habit of being a bit sharp or dismissive, may they be softer and accepting..

SUNDAY May 17th: Psalm 57
Remember the people who have been a tower of strength for you in the past, Give thanks for them.

Monday May 18th: Psalm 61
Pray for those who are suffering at the moment, may they find strength in God.

Tuesday May 19th: Psalm 64
Pray for people who are complaining, or are finding life unfair and unjust,

Wednesday May 20th: Psalm 70
Pray for people who have been dishonest and uncaring, may they make amends

Thursday May 21st: Psalm 75
Praise God for the people who help you to see the positive moments in life and celebrate with you.

Friday May 22nd: Psalm 80
Pray for help and healing for those who need it today.

Saturday May 23rd: Psalm 88
If you have ever experienced a "dark night of the soul", you will understand this feeling by the Psalmist, share you feelings about these words in your prayers.

SUNDAY May 24th: Psalm 91
Pray that we will be protective of our fellows Christians, and will reach out in God's name to keep them safe.

Monday May 25th: Psalm 96
Pray for all musicians within the Church, giving thanks for their contribution to our worship.

Tuesday May 26th: Psalm 103
What do you need to be forgiven for today? How would forgiveness bless you at this time? Share all these thoughts in prayer.

Wednesday May 27th: Psalm 106
Give thanks for the blessing of your church family, and the people who have taught you about the faith.

Thursday May 28th: Psalm 108
Pray for the prayer warriors around the church who devote their time to praying for others.

Friday May 29th: Psalm 113
Praise God for the joys you have experienced today.

Saturday May 30th: Psalm 124
Pray for the people who work for the Scottish Bible Society and share God's word across the world.

SUNDAY May 31st: Psalm 135
Give thanks in your prayers for the signs of goodness you see in our community today.